

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023	9/2/2023	9/3/2023

Breakfast

the- Classics	Scrambled Eggs / Omelettes Bacon & Sausage Patty Buttered Grits Shredded Hash Browns Biscuits & Saus. Gravy Cinnamon Rolls French Toast Station	Scrambled Eggs / Fried Eggs Ham Steaks / Turkey Bacon Garlic Cheese Grits Hash Brown Triangles Biscuits & Saus. Gravy Assorted Muffins Breakfast Tornadoes	Scrambled Eggs / Omelettes Bacon & Sausage Link Buttered Grits Potatoes O'Brien Biscuits & Saus. Gravy Waffles Pancake Station	Scrambled Eggs / Fried Eggs Ham Steak / Turkey Bacon Garlic Cheese Grits Shredded Hash Browns Biscuits & Saus. Gravy French Toast Sticks Breakfast Burritos	Scrambled Eggs / Omelettes Sausage Links & Patty Buttered Grits Fried Hash Rounds Biscuits & Saus. Gravy Assorted Danish Breakfast Bagel Pizzas	Continental Breakfast Waffle Station Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins	Continental Breakfast Waffle Station Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins
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LUNCH

the- Classics Healthy edge Veggie venue BOWL You OVER GRILLE ETC	Creole White Beans Steamed White Rice Hamburger Steak & Gravy Rotisserie Smoked Sausage Braised Mustard Greens	Southern Fried Chicken Pimento Mac & Cheese Mashed Potatoes & Gravy Black-eyed Peas w/ Snaps	Marmalade Mustard Pork Loin Seafood Paella Cheesy Potatoes Sauteed Cabbage w/ Bacon	Chicken Pot Pie w/ Biscuits Rotisserie Glazed Ham Pineapple Fried Rice Sweet -n- Sour Vegetables	Fried / Baked CATFISH Cajun Dirty Rice Broccoli w/ Cheese Hush Puppies	Herb Roasted Chicken Hash Brown Casserole Field Peas w/ Snaps Collard Greens	Beef Tips w/ Mushroom Gravy Loaded Mashed Potatoes Glazed Carrots Corn on the Cob
	Baked Seasoned Catfish Riced Veggie Blend	Rotisserie Chicken Quinoa & Spinach Hash	Quinoa Stuffed Bell Peppers Basmati Rice Pilaf	Vegetable Lasagna Confetti Veggie Blend	Raspberry Chicken w/ Feta Roasted New Potatoes		
	Steamed Fresh Green Beans Roasted Fresh Carrots	Green Peas w/ wild Mushroom Fresh Grilled Yellow Squash	Grilled Brocolini Roasted Butternut Squash	Grilled Baby Rainbow Carrots Roasted Brussels Sprouts	Acorn Squash w/ Kale Roasted Fresh Cauliflower		
	RAM-Burgers Crinkle Cut Fries Grilled Cheese / Veggie Burger	Tacos Al Pastor Taco Tornadoes Grilled Cheese / Veggie Burger	Nathan's Hot Dogs Sweet & Regular Tater Tots Grilled Cheese / Veggie Burger	Throwback Thursday! Square Pizza Crinkle Cut Fries Apple Slices / Capri Suns	GYROS w/ Greek Salad Crinkle Cut Fries Grilled Cheese / Veggie Burger	Fried Chick Strips Twister Fries Grilled Cheese / Veggie Burger	Mini Corn Dogs Shoestring Fries Grilled Cheese / Veggie Burger
Ram Rolls with Specialty Butters	*****cereal box, deli design & garden gourmet available for lunch & dinner every day*****						


DINNER

the- Classics Healthy edge Veggie venue GRILLE ETC	Bacon Ranch Chicken Fritters Loaded Potato Casserole Jalapeno Pico Corn Buttered Green Peas	Chicken Supreme Saffron Rice Corn Nuggets Chef Choice Veg of the day	Philly Cheesesteak Pasta Herb Baked Chicken Roasted Parmesan Gr. Beans Fried Button Mushrooms	Mongolian Beef w/ Peppers Cilantro Lime Jasmine Rice Korean Cheese Corn Teriyaki Baby Bok Choy	Baked Spaghetti & Meat Sauce Toasted Ravioli / Garlic Bread Italian Flat Green Beans Skillet Corn w/ Bacon	Smoked BBQ Beef Brisket Three Cheese Macaroni German Vegetable Blend Speckled Butter Beans	Seasoned Baked Tilapia Au Gratin Potatoes Sugar Snap Peas Dilled Baby Carrots
	Curried Chickpeas w/ Tofu & Kale Couscous Tabouleh	Baked Lemon-Dill Cod Roasted Potato Blend	Rotisserie Turkey Breast Tri Color Quinoa	Baked Flounder Filets Garden Tortellini Primavera	Ground Turkey Patties Rice Pilaf w/ Orzo Blend		
	Grilled Broccoli w/ Lemon Roasted Pesto Tomatoes	Black Bean & Corn Medley Grilled Asparagus	Sauteed Garlic Kale Roasted Sweet Potato Halves	Grilled Fresh Caulilini Rotisserie Spaghetti Squash	Oven Roasted Fresh Broccoli Fresh Zucchini w/ Tomatoes		
	Pulled Pork Sandwich Twister Fries Grilled Cheese / Veggie Burger	CHEESE BURGERS SMILING FRIES Grilled Cheese / Veggie Burger	Wild Wing Wednesday Crinkle Cut Fries Grilled Cheese / Veggie Burger	Fried Chicken Sandwiches Waffle Fries Grilled Cheese / Veggie Burger	Chicken Quesadillas Chips & Salsa Bar Grilled Cheese / Veggie Burger	RAM-Burgers House-made Potato Chips Grilled Cheese / Veggie Burger	Spicy Chicken Sandwich Tater Tots Grilled Cheese / Veggie Burger
Ram Rolls with Specialty Butters	*****cereal box, deli design & garden gourmet available for lunch & dinner every day*****						


SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9/4/2023	9/5/2023	9/6/2023	9/7/2023	9/8/2023	9/9/2023	9/10/2023

Breakfast

	Scrambled Eggs / Omelettes Bacon & Sausage Patty Buttered Grits Shredded Hash Browns Biscuits & Saus. Gravy Cinnamon Rolls French Toast Station	Scrambled Eggs / Fried Eggs Ham Steaks / Turkey Bacon Garlic Cheese Grits Hash Brown Triangles Biscuits & Saus. Gravy Assorted Muffins Breakfast Tornadoes	Scrambled Eggs / Omelettes Bacon & Sausage Link Buttered Grits Potatoes O'Brien Biscuits & Saus. Gravy Waffles Pancake Station	Scrambled Eggs / Fried Eggs Ham Steak / Turkey Bacon Garlic Cheese Grits Shredded Hash Browns Biscuits & Saus. Gravy French Toast Sticks Breakfast Burritos	Scrambled Eggs / Omelettes Sausage Links & Patty Buttered Grits Fried Hash Rounds Biscuits & Saus. Gravy Assorted Danish Breakfast Bagel Pizzas	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins
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LUNCH

	Grilled Chicken Penne Alfredo Hamburger Steak w/ Onion Buttered Mashed Potatoes Creamed Spinach	Japanese Fried Chk Tacos Kielbasa w/ Peppers & Onions Crinkle Cut Fries Warm Black-eyed Pea Salad Garlic Buttered Texas Toast	Rotel Chicken Spaghetti Korean Ground Beef Cilantro-lime Jasmine Rice Green Peas w/ Mushrooms	Alabama White Leg Quarters BBQ Pulled Pork w/ Buns Loaded Mashed Potatoes Chef Cut German Blend	Fried CATFISH Baked Catfish Macaroni & Cheese Collard Greens w/ Ham Hush Puppies	Hamburger Steaks w/ Onions Mashed Potatoes w/ Gravy Creamed Corn w/ Bacon Peas & Carrots	Herb Crusted Pork Loin Rosemary Roasted Pots. Sautéed Garlic Kale Chef Cut Vegetables
	Mahi Mahi w/ Mango Salsa Riced Cauliflower	Greek Style Grilled Chicken Cauliflower Rice	Butternut Squash Lasagna Couscous w/ Kale	Baked Seasoned Redfish Roasted Veggie Rotini Pasta	Black Bean Burgers w/ Pico Tri Color Quinoa Blend		
	Roasted Fresh Brussels Super Foods Power Slaw	Grilled Broccoli Dilled Fresh Baby Carrots	Fresh Sugar Snap Peas Roasted Fresh Corn	Cabbage, Peppers & Kale Grilled Fresh Caulifini	Grilled Fresh Yellow Squash Roasted Rainbow Carrots		
	Super Corn Dog Bar Crinkle Cut Fries Grilled Cheese / Veggie Burger	Japanese Fried Chk Tacos Beef & Bean Burritos Grilled Cheese / Veggie Burger	Fried Shrimp Basket Sea Salt Fries Grilled Cheese / Veggie Burger	Nashville Hot Chicken Sando Waffle Fries / Ranch Slaw Grilled Cheese / Veggie Burger	Taco Burgers Tater Tots Grilled Cheese / Veggie Burger	Fried Shrimp Basket Battered Sea Salt Fries Grilled Cheese / Veggie Burger	Nathan's Hot Dogs House-made Potato Chips Grilled Cheese / Veggie Burger
	Ram Rolls with Specialty Butters	*****cereal box, deli designs & garden gourmet available for lunch & dinner every day*****					


DINNER

	Jerk Chicken w/ Mango Salsa Peppered Yellow Rice Pilaf Fried Battered Okra Key Largo Style Vegetables	Chicken Parmesan Tomato Basil Pesto Rice Toasted Ravioli / Garlic Bread Italian Green Beans	Choriqueso Chicken Spanish Rice Corn & Peppers Blend Pinto Beans w/ Salsa	Chicken w/ Mushroom Sauce Broccoli & Cheese Rice Pacific Vegetable Blend Collard Greens	Gourmet 6 oz. Burger Bar Baked Potato Salad Battered Onion Rings BBQ Baked Beans	Beef Pot Pie Scalloped Potatoes Roasted Brussels Sprouts Key Largo Vegetable	Ginger Orange Meatballs Basmati Rice Pilaf Buttered Corn Steamed Broccoli
	Lemon Dill Baked Cod Spinach & Mushroom Orzo	Chicken & Apple Sausages Golden Jewel Couscous Blend	Bruschetta Turkey Patties Roasted Potatoes w/ Peppers	Cilantro Lime Tilapia Roasted Pepper Bowtie Pasta	Blood Orange Grilled Chicken Long Grain & Wild Rice Blend		
	Roasted Butternut Squash Charred Broccoli w/ Red Onion	Grilled Fresh Yellow Squash Grilled Fresh Asparagus	Roasted Brussels Sprouts Rainbow Cauliflower	Grilled Fresh Zucchini Horseradish Green Beans	Sauteed Garlic Kale Roasted Fresh Carrots		
	RAM-Burgers Spicy Waffle Fries Grilled Cheese / Veggie Burger	Fajita Chicken Nachos Chips & Queso Sauce Grilled Cheese / Veggie Burger	Buffalo Chicken Bites Twister Fries Grilled Cheese / Veggie Burger	Chicken Quesadillas Cajun Crinkles Grilled Cheese / Veggie Burger	GYROS w/ Greek Salad Hummus w/ Pita Chips Grilled Cheese / Veggie Burger	RAM Rib Sandwich Crinkle Cut Fries Grilled Cheese / Veggie Burger	Spicy Chicken Sandwiches Waffle Fries Grilled Cheese / Veggie Burger
	Ram Rolls with Specialty Butters	*****cereal box, deli designs & garden gourmet available for lunch & dinner every day*****					


SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023	9/16/2023	9/17/2023

Breakfast


	Scrambled Eggs / Omelettes Bacon & Sausage Patty Buttered Grits Shredded Hash Browns Biscuits & Saus. Gravy Cinnamon Rolls French Toast Station	Scrambled Eggs / Fried Eggs Ham Steaks / Turkey Bacon Garlic Cheese Grits Hash Brown Triangles Biscuits & Saus. Gravy Assorted Muffins Breakfast Tornadoes	Scrambled Eggs / Omelettes Bacon & Sausage Link Buttered Grits Potatoes O'Brien Biscuits & Saus. Gravy Waffles Pancake Station	Scrambled Eggs / Fried Eggs Ham Steak / Turkey Bacon Garlic Cheese Grits Shredded Hash Browns Biscuits & Saus. Gravy French Toast Sticks Breakfast Burritos	Scrambled Eggs / Omelettes Sausage Links & Patty Buttered Grits Fried Hash Rounds Biscuits & Saus. Gravy Assorted Danish Breakfast Bagel Pizzas	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins
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LUNCH

	Burnt Ends Sliders Rotisserie Conecuh Sausage Cornbread Chicken Bake Fried Battered Okra	Southern Fried Chicken Corn Bread Dressing White Rice & Chicken Gravy Green Peas & Carrots	Picatta Chicken Thighs Penne Alfredo Florentine Mediterranean Blend Veggies Garlic Bread Sticks	Chicken & Dumplings Philly Cheesesteak Pasta Rosemary Roasted Potatoes Collard Greens Mexican Corn Muffins	Fried Catfish Baked Catfish Chick. & Saus. Jambalaya Cheesy Squash Casserole Hush Puppies	Spaghetti & Meatballs Bruschetta Rice Steamed Broccoli Corn on Cob Garlic Toast	Beef Stroganoff Buttered Egg Noodles Baby Green Peas Glazed Carrots
	Baked Seasoned Catfish Riced Veggie Blend	Rotisserie Chicken Long Grain & Wild Rice	Quinoa Stuffed Bell Peppers Forbidden Black Rice	Vegetable Lasagna Confetti Veggie Blend	Raspberry Chicken w/ Feta Roasted Fresh New Potatoes		
	Steamed Fresh Green Beans Roasted Fresh Carrots	Fresh Grilled Asparagus Fresh Grilled Yellow Squash	Grilled Broccolini Roasted Butternut Squash	Grilled Fresh Asparagus Roasted Brussels Sprouts	Rotisserie Fresh Beets Roasted Fresh Cauliflower		
	Foot Long Corn Dogs Crinkle Cut Fries Grilled Cheese / Veggie Burger	Ground Beef Tacos Taco Tornadoes Grilled Cheese / Veggie Burger	Super Chicken Wing Bar Shoestring Fries Grilled Cheese / Veggie Burger	Throwback Thursday! Chicken Nuggets Smiley Fries Apple Slices / Capri Sun	Nat. Double Cheeseburger Day Battered Sea Salt Fries Grilled Cheese / Veggie Burger Funnel Cake Tasting Station	Fried Chick Strips Crinkle Cut Fries Grilled Cheese / Veggie Burger	Mini Corn Dogs Tater Tots Grilled Cheese / Veggie Burger

****cereal box, deli design; & garden gourmet available for lunch & dinner every day****

DINNER

	Creole Shrimp Spaghetti Spinach Parmesan Orzo Fried Yellow Squash Prince William Veggie Blend	Country Fried Steak w/ Gravy Garlic Mashed Potatoes Corn on the Cob Turnip Greens w/ Roots	Philly Cheesesteak Sub Cavatappi & Cheese Creamed Style Corn Cut Green Beans w/ Bacon	Mississippi Pot Roast Garlic Mashed Potatoes Creamed Spinach Fresh Sauteed Zucchini	Ginger-orange Beef w/ Brocc. Chicken Fried Rice Egg Rolls / Potstickers Japanese Blend Vegetable	Sliced Turkey & Dressing Sweet Potato Mash Squash w/ Bacon & Onions Steamed Vegetable Medley	Creole Chicken Thighs Dirty Rice German Blend Vegetable Turnip Greens w/ Roots
	Rotisserie Pork Loin Couscous Tabouleh	Chicken Apple Sausages Roasted Potato Blend	Curried Chickpeas w/ Tofu & Kale Tri Color Quinoa	Baked Flounder Filets Garden Tortellini Primavera	Ground Turkey Patties Rice Pilaf w/ Orzo Blend		
	Grilled Broccoli w/ Lemon Roasted Pesto Tomatoes	Black Bean & Corn Medley Fresh Grilled Zucchini	Sauteed Garlic Kale Roasted Sweet Potato Halves Watermelon Lemonade	Grilled Fresh Caulilini Rotisserie Spaghetti Squash	Roasted Fresh Green Beans Zucchini & Tomatoes		
	Chili Cheese Hot Dogs Sweet & Regular Tots Grilled Cheese / Veggie Burger	Loaded Buffalo Chicken Tater Tots Grilled Cheese / Veggie Burger	Fritter City Chicken Tater Tots oh Boy Grilled Cheese / Veggie Burger	Pulled Pork Sandwich Twister Fries Grilled Cheese / Veggie Burger	Chicken Quesadillas Chips & Salsa Bar Grilled Cheese / Veggie Burger	RAM-Burgers Potato Chips Grilled Cheese / Veggie Burger	Fried Chicken Sandwiches Crinkle Cut Fries Grilled Cheese / Veggie Burger

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023	9/23/2023	9/24/2023

Breakfast

the- Classics	Scrambled Eggs / Omelettes Bacon & Sausage Patty Buttered Grits Shredded Hash Browns Biscuits & Saus. Gravy Cinnamon Rolls French Toast Station	Scrambled Eggs / Fried Eggs Ham Steaks / Turkey Bacon Garlic Cheese Grits Hash Brown Triangles Biscuits & Saus. Gravy Assorted Muffins Breakfast Tornadoes	Scrambled Eggs / Omelettes Bacon & Sausage Link Buttered Grits Potatoes O'Brien Biscuits & Saus. Gravy Waffles Pancake Station	Scrambled Eggs / Fried Eggs Ham Steak / Turkey Bacon Garlic Cheese Grits Shredded Hash Browns Biscuits & Saus. Gravy French Toast Sticks Breakfast Burritos	Scrambled Eggs / Omelettes Sausage Links & Patty Buttered Grits Fried Hash Rounds Biscuits & Saus. Gravy Assorted Danish Breakfast Bagel Pizzas	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins
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LUNCH

the- Classics Healthy edge Veggie venue BOWL You OVER GRILLE ETC	Classic Beef Stew Baked Two Mustard Chicken Steamed White Rice Broccoli & Cheese Sauce Fried Corn Nuggets	Fried Chicken Orleans Pulled Pork Mac & Cheese Malibu Blend Vegetables Sweet Potato Casserole Boiled Peanuts Tasting	Shepherd's Pie Flounder w/ Mobile Bay Sauce Cajun Dirty Rice Corn Maque Choux Fried Okra	Smothered Pork Chops Linguine Carbonara Hash Brown Casserole Field Peas w/ Snaps	Fried / Baked CATFISH Shrimp Creole w/ White Rice Battered Green Beans Cornbread Casserole Hush Puppies	Chicken Cordon Bleu Beef Tips in Mushroom Gravy Buttered Egg Noodles Speckled Butter Beans	Country Fried Steak Yellow Rice w/ Peas & Carrots Green Beans w/ New Potatoes Corn on Cob
	Mahi Mahi w/ Mango Salsa Riced Cauliflower	Greek Style Grilled Chicken Roasted Potato Medley	Butternut Squash Lasagna Couscous w/ Kale	Seasoned Baked Red Fish Roasted Veggie Rotini Pasta	Black Bean Burgers w/ Pico Tri Color Quinoa Blend		
	Horseradish Green Beans Super Foods Power Slaw	Roasted Fresh Brussels Dilled Fresh Baby Carrots	Rainbow Cauliflower Grilled Brocolini	Fresh Sauteed Sugar Snaps Roasted Fresh Corn	Grilled Fresh Yellow Squash Roasted Rainbow Carrots		
	Smoked Sausage Dogs Pickle Fries Grilled Cheese / Veggie Burger	Fajita Chicken / Beef Tacos Breaded Avocado Slices Grilled Cheese / Veggie Burger	California Burger Sweet & Regular Tater Tots Grilled Cheese / Veggie Burger	Fried Chicken Orleans Sando Waffle Fries / Ranch Slaw Grilled Cheese / Veggie Burger	Dorito Tater Meat Pies Grilled Cheese / Veggie Burger	Chili Cheese Burger House-made Potato Chips Grilled Cheese / Veggie Burger	Mini Corn Dogs Cajun Crinkles Grilled Cheese / Veggie Burger
	Ram Rolls with Specialty Butters						

DINNER

Ice Cream Cone Day

the- Classics Healthy edge Veggie venue GRILLE ETC	Chicken Parmesan Vegetable Lasagna Italian Flat Green Beans Toasted Ravioli / Bread Sticks	Salisbury Steak w/ Gravy Loaded Mashed Potatoes Roasted Parmesan Broccoli Fried Button Mushrooms	Parmesan Tilapia w/ Coulis Cheesy Potatoes Fried Cauliflower Florets Peas w/ Pearl Onions	Italian Sausage Lasagna Bake Pesto-tomato Ravioli Spinach & Mushroom Rice Cheese Sticks / Garlic Bread	Breakfast Casserole Shrimp & Grits Biscuits & Sausage Gravy Bacon / Sausage / Ham	BBQ Chicken Thighs Scalloped Potatoes Sautéed Zucchini w/ Peppers Corn Nuggets	Classic Pot Roast Garlic Mashed Potatoes Peas w/ Pearl Onion Stewed Okra & Tomatoes
	Lemon Dill Baked Cod Spinach & Mushroom Orzo Roasted Butternut Squash Charred Broccoli w/ Red Onion	Rotisserie Pork Loin Golden Jewel Couscous Blend Grilled Fresh Yellow Squash Grilled Fresh Asparagus	Rotisserie Chicken Roasted Potatoes w/ Peppers Roasted Brussels Sprouts Grilled Fresh Caulini	Cilantro Lime Tilapia Roasted Pepper Bowtie Pasta Grilled Fresh Zucchini Cabbage, Peppers & Kale	Blood Orange Grilled Chicken Basmati Rice Pilaf Sauteed Garlic Kale Roasted Fresh Carrots		
	Catfish Nugget Basket Battered Sea Salt Fries Grilled Cheese / Veggie Burger	Steak Nachos Chips & Queso Sauce Grilled Cheese / Veggie Burger	Boneless Chicken Bites Shoestring Fries Grilled Cheese / Veggie Burger	Gyros w/ Greek Salad Crinkle Cut Fries Grilled Cheese / Veggie Burger	SW Chicken & Steak Quesadilla Refried Beans & Rice Grilled Cheese / Veggie Burger	Fried Chicken Strips Crinkle Cut Fries Grilled Cheese / Veggie Burger	Pulled Pork Sandwich Tater Tots Grilled Cheese / Veggie Burger
	Ram Rolls with Specialty Butters	****cereal box, deli designs & garden gourmet available for lunch & dinner every day****					