

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023	10/28/2023	10/29/2023

Breakfast

the- Classics	Scrambled Eggs / Omelettes Bacon & Sausage Patty Buttered Grits Shredded Hash Browns Biscuits & Saus. Gravy Cinnamon Rolls French Toast Station	Scrambled Eggs / Fried Eggs Ham Steaks / Turkey Bacon Garlic Cheese Grits Hash Brown Triangles Biscuits & Saus. Gravy Assorted Muffins Breakfast Tornadoes	Scrambled Eggs / Omelettes Bacon & Sausage Link Buttered Grits Potatoes O'Brien Biscuits & Saus. Gravy Waffles Pancake Station	Scrambled Eggs / Fried Eggs Ham Steak / Turkey Bacon Garlic Cheese Grits Shredded Hash Browns Biscuits & Saus. Gravy French Toast Sticks Breakfast Burritos	Scrambled Eggs / Omelettes Sausage Links & Patty Buttered Grits Fried Hash Rounds Biscuits & Saus. Gravy Assorted Danish Breakfast Bagel Pizzas	Continental Breakfast Waffle Station Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins	Continental Breakfast Waffle Station Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins
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LUNCH

the- Classics Healthy edge Veggie venue GRILLE ETC	Chicken Supreme Rotisserie Smoked Sausage Stewed Northern Beans White Rice	Southern Fried Chicken Pimento Mac & Cheese Mashed Potatoes & Gravy Black-eyed Peas w/ Snaps	Marmalade Mustard Pork Loin Seafood Paella Cheesy Potatoes Sauteed Cabbage w/ Bacon	Chicken Pot Pie w/ Biscuits Rotisserie Glazed Ham Pineapple Fried Rice Sweet -n- Sour Vegetables	Fried / Baked CATFISH Cajun Dirty Rice Broccoli w/ Cheese Hush Puppies	Herb Roasted Chicken Hash Brown Casserole Field Peas w/ Snaps Collard Greens	Beef Tips w/ Mushroom Gravy Loaded Mashed Potatoes Glazed Carrots Corn on the Cob
	Baked Seasoned Fish Riced Veggie Blend	Rotisserie Chicken Quinoa & Spinach Hash	Quinoa Stuffed Bell Peppers Basmati Rice Pilaf	Fusion Five Spice Stir Fry Jasmine Rice	Tofu Bolognese Creamy Parmesan Polenta		
	Steamed Fresh Green Beans Roasted Fresh Carrots	Green Beans w/ Mushroom Fresh Grilled Yellow Squash	Grilled Brocolini Roasted Butternut Squash	Grilled Baby Rainbow Carrots Roasted Brussels Sprouts	Acorn Squash w/ Kale Roasted Fresh Cauliflower		
	RAM-Burgers Crinkle Cut Fries Grilled Cheese / Veggie Burger	Tacos Al Pastor Taco Tornadoes Grilled Cheese / Veggie Burger	Nathan's Hot Dogs Sweet & Regular Tater Tots Grilled Cheese / Veggie Burger	Throwback Thursday! Sloppy Joes Crinkle Cut Fries Apple Slices / Capri Suns	GYROS w/ Greek Salad Crinkle Cut Fries Grilled Cheese / Veggie Burger	Fried Chick Strips Twister Fries Grilled Cheese / Veggie Burger	Mini Corn Dogs Shoestring Fries Grilled Cheese / Veggie Burger
Ram Rolls with Specialty Butters	*****cereal box, deli design & garden gourmet available for lunch & dinner every day*****						

DINNER

the- Classics Healthy edge Veggie venue GRILLE ETC	Bacon Ranch Chicken Fritters Loaded Potato Casserole Jalapeno Pico Corn Buttered Green Peas	Stogonoff Meatballs Buttered Egg Noodles Steamed Vegetable Medley Fried Breaded Cauliflower	Philly Cheesesteak Pasta Herb Baked Chicken Roasted Parmesan Gr. Beans Fried Button Mushrooms	Mongolian Beef w/ Peppers Cilantro Lime Jasmine Rice Oriental Sugar Snap Blend Steamed Mediterranean Veggie	Baked Spaghetti & Meat Sauce Toasted Ravioli / Garlic Bread Italian Flat Green Beans Skillet Corn w/ Bacon	Smoked BBQ Beef Three Cheese Macaroni German Vegetable Blend Speckled Butter Beans	Seasoned Baked Tilapia Au Gratin Potatoes Sugar Snap Peas Dilled Baby Carrots
	Curried Chickpeas w/ Tofu & Kale Couscous Tabouleh	California Veggie Burgers Roasted Potato Blend	Raspberry Chicken w/ Feta Roasted New Potatoes	Baked Flounder Filets Garden Tortellini Primavera	Herb Roasted Leg Quarters Rice Pilaf w/ Orzo Blend		
	Grilled Broccoli w/ Lemon Roasted Pesto Tomatoes	Black Beans w/ Salsa Grilled Asparagus	Sauteed Garlic Kale Roasted Sweet Potato Halves	Grilled Fresh Caulilini Rotisserie Spaghetti Squash	Oven Roasted Fresh Broccoli Fresh Zucchini w/ Tomatoes		
	Pulled Pork Sandwiches Twister Fries Grilled Cheese / Veggie Burger	Conecuh Dogs Pickle Fries Grilled Cheese / Veggie Burger	Fried Boneless Chicken Bites Crinkle Cut Fries Grilled Cheese / Veggie Burger	Fried Chicken Sandwiches Waffle Fries Grilled Cheese / Veggie Burger	Chicken Quesadillas Chips & Salsa Bar Grilled Cheese / Veggie Burger	RAM-Burgers House-made Potato Chips Grilled Cheese / Veggie Burger	Spicy Chicken Sandwich Tater Tots Grilled Cheese / Veggie Burger
Ram Rolls with Specialty Butters	*****cereal box, deli design & garden gourmet available for lunch & dinner every day*****						

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023	11/4/2023	11/5/2023

Breakfast

<i>the- Classics</i>	Scrambled Eggs / Omelettes Bacon & Sausage Patty Buttered Grits Shredded Hash Browns Biscuits & Saus. Gravy Cinnamon Rolls Breakfast Tornadoes	Scrambled Eggs / Fried Eggs Ham Steaks / Turkey Bacon Garlic Cheese Grits Hash Brown Triangles Biscuits & Saus. Gravy Assorted Muffins Breakfast Tacos	Scrambled Eggs / Omelettes Bacon & Sausage Link Buttered Grits Potatoes O'Brien Biscuits & Saus. Gravy Waffles Pancakes / French Toast	Scrambled Eggs / Fried Eggs Ham Steak / Turkey Bacon Garlic Cheese Grits Shredded Hash Browns Biscuits & Saus. Gravy French Toast Sticks Breakfast Burritos	Scrambled Eggs / Omelettes Sausage Links & Patty Buttered Grits Fried Hash Rounds Biscuits & Saus. Gravy Assorted Danish Breakfast Pizzas	Continental Breakfast Waffle Station Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins
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LUNCH

<i>the- Classics</i> <i>Healthy edge</i> <i>Veggie venue</i> GRILLE ETC	Grilled Chicken Penne Alfredo Hamburger Steak w/ Onion Buttered Mashed Potatoes Creamed Spinach	Fried Chicken Tenders Kielbasa w/ Peppers & Onions Crinkle Cut Fries Warm Black-eyed Pea Salad Garlic Buttered Texas Toast	Rotel Chicken Spaghetti Korean Ground Beef Cilantro-lime Jasmine Rice Sugar Snap Peas	Alabama White Leg Quarters BBQ Pulled Pork w/ Buns Loaded Mashed Potatoes Chef Cut German Blend	Fried CATFISH Baked Catfish Macaroni & Cheese Collard Greens w/ Ham Hush Puppies	Turkey & Cornbread Dressing Mashed Potatoes w/ Gravy Creamed Corn w/ Bacon Peas & Carrots	Herb Crusted Pork Loin Rosemary Roasted Pots. Sautéed Garlic Kale Chef Cut Vegetables
	Mahi Mahi w/ Mango Salsa Jasmine Rice	Greek Style Grilled Chicken Roasted Potato Medley	Beef Lasagna / Veggie Lasagna Couscous w/ Kale	Baked Seasoned Fish Roasted Veggie Rotini Pasta	Black Bean Burgers w/ Pico Tri Color Quinoa Blend		
	Roasted Fresh Brussels Super Foods Power Slaw	Grilled Broccolini Dilled Fresh Baby Carrots	Fresh Sugar Snap Peas Roasted Fresh Corn	Cabbage, Peppers & Kale Grilled Fresh Caulilini	Grilled Fresh Yellow Squash Roasted Rainbow Carrots		
	RAM-Burgers Crinkle Cut Fries Grilled Cheese / Veggie Burger	Baja Style Fish Tacos Beef & Bean Burritos Grilled Cheese / Veggie Burger	Fried Oyster Basket Sea Salt Fries Grilled Cheese / Veggie Burger	Nashville Hot Chicken Sando Waffle Fries / Ranch Slaw Grilled Cheese / Veggie Burger	GYROS w/ Greek Salad Hummus w/ Pita Chips Grilled Cheese / Veggie Burger	Fried Chicken Nuggets Spicy Cajun Fries Grilled Cheese / Veggie Burger	Nathan's Hot Dogs House-made Potato Chips Grilled Cheese / Veggie Burger
Ram Rolls with Specialty Butters	*****cereal box, deli designs & garden gourmet available for lunch & dinner every day*****						

DINNER

<i>the- Classics</i> <i>Healthy edge</i> <i>Veggie venue</i> GRILLE ETC	Jerk Chicken w/ Mango Salsa Peppered Yellow Rice Pilaf Fried Battered Okra Key Largo Style Vegetables	Chicken Parmesan Tomato Basil Pesto Rice Toasted Ravioli / Garlic Bread Italian Green Beans	Choriqueso Chicken Spanish Rice Corn & Peppers Blend Pinto Beans w/ Salsa	Chicken w/ Mushroom Sauce Broccoli & Cheese Rice Pacific Vegetable Blend Collard Greens	Gourmet 6 oz. Burger Bar Mac & Cheese Battered Onion Rings BBQ Baked Beans	Beef Pot Pie Scalloped Potatoes Roasted Brussels Sprouts Key Largo Vegetable	Ginger Orange Meatballs Wild Rice Pilaf Buttered Corn Baby Green Peas
	Lemon Dill Baked Cod Spinach & Mushroom Orzo	Herb Baked Chicken Golden Jewel Couscous Blend	Bruschetta Turkey Patties Roasted Potatoes w/ Peppers	Cilantro Lime Tilapia Roasted Pepper Bowtie Pasta	Blood Orange Grilled Chicken Long Grain & Wild Rice Blend		
	Roasted Butternut Squash Charred Broccoli w/ Red Onion	Grilled Fresh Yellow Squash Grilled Fresh Asparagus	Roasted Brussels Sprouts Rainbow Cauliflower	Grilled Fresh Zucchini Horseradish Green Beans	Sauteed Garlic Kale Roasted Fresh Carrots		
	Super Corndog Bar Spicy Waffle Fries Grilled Cheese / Veggie Burger	Tex-Mex Ground Beef Nachos Chips & Queso Sauce Grilled Cheese / Veggie Burger	Fried Boneless Chicken Bites Twister Fries Grilled Cheese / Veggie Burger	Ram - Burgers Cajun Crinkles Grilled Cheese / Veggie Burger	Grilled Cheese Sandwiches Veggie Burger	RAM Rib Sandwich Crinkle Cut Fries Grilled Cheese / Veggie Burger	Spicy Chicken Sandwiches Waffle Fries Grilled Cheese / Veggie Burger
Ram Rolls with Specialty Butters	*****cereal box, deli designs & garden gourmet available for lunch & dinner every day*****						

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11/6/2023	11/7/2023	11/8/2023	11/9/2023	11/10/2023	11/11/2023	11/12/2023

Breakfast

<i>the-</i> Classics	Scrambled Eggs / Omelettes Bacon & Sausage Patty Buttered Grits Shredded Hash Browns Biscuits & Saus. Gravy Cinnamon Rolls Breakfast Tornadoes	Scrambled Eggs / Fried Eggs Ham Stk / Sausage Bites Garlic Cheese Grits Hash Brown Triangles Biscuits & Saus. Gravy Assorted Muffins Breakfast Tacos	Scrambled Eggs / Omelettes Bacon & Sausage Link Buttered Grits Potatoes O'Brien Biscuits & Saus. Gravy Waffles Pancakes/ French Toast	Scrambled Eggs / to order Omelette Ham Steak / Maple Sausage Garlic Cheese Grits Shredded Hash Browns Biscuits & Saus. Gravy French Toast Sticks Breakfast Burritos	Scrambled Eggs / Omelettes Sausage Links & Patty Buttered Grits Fried Hash Rounds Biscuits & Saus. Gravy Assorted Danish Breakfast Pizzas	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins
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LUNCH

<i>the-</i> Classics Healthy edge Veggie venue GRILLE ETC	Red Beans & Rice Rotisserie Conecuh Sausage Cornbread Chicken Bake Southern Corn Succotash Fried Battered Okra	Southern Fried Chicken Corn Bread Dressing White Rice & Chicken Gravy Green Peas & Carrots	Picatta Chicken Thighs Penne Alfredo Florentine Mediterranean Blend Veggies Garlic Bread Sticks	Chicken & Dumplings Philly Cheesesteak Pasta Rosemary Roasted Potatoes Green Beans w/ Bacon	Fried Catfish Baked Catfish Chick. & Saus. Jambalaya Cheesy Squash Casserole Hush Puppies	Spaghetti & Meatballs Bruschetta Rice Steamed Broccoli Corn on Cob Garlic Toast	Beef Stroganoff Buttered Egg Noodles Baby Green Peas Glazed Carrots
	Baked Seasoned Catfish Riced Veggie Blend	Rotisserie Chicken Long Grain & Wild Rice	Quinoa Stuffed Bell Peppers Forbidden Black Rice	Vegetable Lasagna Roasted Carrots & Parsnips	Raspberry Chicken w/ Feta Roasted Fresh New Potatoes		
	Steamed Fresh Green Beans Roasted Fresh Carrots	Fresh Sugar Snap Peas Fresh Grilled Yellow Squash	Sauteed Garlic Kale Roasted Butternut Squash	Grilled Fresh Asparagus Roasted Brussels Sprouts	Rotisserie Fresh Beets Roasted Fresh Cauliflower		
	BBQ Pulled Pork Sandwich Crinkle Cut Fries Grilled Cheese / Veggie Burger	Ground Beef Tacos Taco Tornadoes Grilled Cheese / Veggie Burger	Corn Dogs Shoestring Fries Grilled Cheese / Veggie Burger	Throwback Thursday! Square Pizza Smiley Fries Apple Slices / Capri Sun	Chili Cheese Burgers Battered Sea Salt Fries Grilled Cheese / Veggie Burger	Fried Chick Strips Crinkle Cut Fries Grilled Cheese / Veggie Burger	Mini Corn Dogs Tater Tots Grilled Cheese / Veggie Burger
Ram Rolls with Specialty Butters	*****cereal box, deli design; & garden gourmet available for lunch & dinner every day*****						

DINNER

<i>the-</i> Classics Healthy edge Veggie venue GRILLE ETC	TACO Spaghetti Chorizo Potatoes w/ Cilantro Mexican Street Corn Fresh Zucchini w/ Lime	Country Fried Steak w/ Gravy Garlic Mashed Potatoes Corn on the Cob Turnip Greens w/ Roots	Roasted Cajun Pork Loin Cavatappi & Cheese Creamed Style Corn Cut Green Beans w/ Bacon	Bangers w/ Onion Gravy Garlic Mashed Potatoes Sauteed Garlic Kale Steamed Veggie Blend	Ginger-orange Beef w/ Broccoli Vegetable Fried Rice Mini Egg Rolls / Potstickers Japanese Blend Vegetable	Herb Roasted Chicken QTRS Sweet Potato Mash Squash w/ Bacon & Onions Steamed Vegetable Medley	Fried Pork Chops Dirty Rice German Blend Vegetable Turnip Greens w/ Roots
	Shrimp Creole Steamed White Rice	Baked Flounder Filets Roasted Potato Blend	Curried Chickpeas w/ Tofu & Kale Tri Color Quinoa	Rotisserie Pork Loin Garden Tortellini Primavera	Ground Turkey Patties Rice Pilaf w/ Orzo Blend		
	Roasted Broccoli w/ Lemon Fresh Grilled Zucchini	Fresh Grilled Asparagus Roasted Pesto Tomatoes	Grilled Broccolini Roasted Sweet Potato Halves	Riced Cauliflower Rotisserie Spaghetti Squash	Roasted Fresh Green Beans Zucchini & Tomatoes		
	Ram-Burgers Battered Onion Rings Grilled Cheese / Veggie Burger	Chicken Fries Basket Tater Tots Grilled Cheese / Veggie Burger	English Fish & Chips Battered Sea Salt Fries Grilled Cheese / Veggie Burger	Stadium Bratwurst Dog Spicy Cajun Fries Grilled Cheese / Veggie Burger	Chicken Parmesan Sandwich Potato Cheddar Bites Grilled Cheese / Veggie Burger	Pulled Pork Sandwich Twister Fries Grilled Cheese / Veggie Burger	Fried Chicken Sandwiches Crinkle Cut Fries Grilled Cheese / Veggie Burger

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11/13/2023	11/14/2023	11/15/2023	11/16/2023	11/17/2023	11/18/2023	11/19/2023

Breakfast

<i>the- Classics</i>	Scrambled Eggs / Omelettes Bacon & Sausage Patty Buttered Grits Shredded Hash Browns Biscuits & Saus. Gravy Cinnamon Rolls Breakfast Tornadoes	Scrambled Eggs / Fried Eggs Ham Steaks / Turkey Bacon Garlic Cheese Grits Hash Brown Triangles Biscuits & Saus. Gravy Assorted Muffins Breakfast Tacos	Scrambled Eggs / Omelettes Bacon & Sausage Link Buttered Grits Potatoes O'Brien Biscuits & Saus. Gravy Pancakes / French Toast	Scrambled Eggs / Fried Eggs Ham Steak / Turkey Bacon Garlic Cheese Grits Shredded Hash Browns Biscuits & Saus. Gravy French Toast Sticks Breakfast Burritos	Scrambled Eggs / Omelettes Sausage Links & Patty Buttered Grits Fried Hash Rounds Biscuits & Saus. Gravy Assorted Danish Breakfast Pizzas	Continental Breakfast Cereal Station Fruit, Yogurt, Granola Assorted Danish / Muffins
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LUNCH

<i>the- Classics</i> <i>Healthy edge</i> <i>Veggie venue</i>	Classic Beef Stew Baked Two Mustard Chicken Steamed White Rice Broccoli & Cheese Sauce Fried Corn Nuggets	Breaded Chicken Tenders Pulled Pork Mac & Cheese Chef Cut Blend Candied Yams	Rosemary Garlic Pork Loin Linguini Carbonara * Tater Tot Stuffing Field Pease w/ Snaps	Roasted Turkey Breast Cornbread Dressing Smashed Potatoes & Gravy Green Bean Casserole Sweet Potato Casserole	Fried / Baked CATFISH Shrimp Creole w / White Rice Smoked White Corn & Pepper Loaded Baker Casserole Hush Puppies	Chef K Choice Broccoli & Cheese Rice Fresh Roasted Carrots Speckled Butter Beans
	Mahi Mahi w/ Mango Salsa Riced Cauliflower	Greek Style Grilled Chicken Roasted Potato Medley	Picante Chicken Louise Sicilian White Rice	Brown Sugar Glazed Ham Roasted Brussels Sprouts	Grilled Impossible Burger Tri Color Quinoa Blend	
	Horseradish Green Beans Super Foods Power Slaw	Braised Button Mushrooms Dilled Fresh Baby Carrots	Fresh Sauteed Sugar Snap Peas Roasted Fresh Golden Corn	Satsuma Honey Carrots Winter Squash Medley Creole Shrimp & Corn Soup	Grilled Fresh Yellow Squash Chef Choice Farm Fresh Blend	
	Conecuh Dogs Pickle Fries Grilled Cheese / Veggie Burger	Korean Beef Tacos Breaded Avocado Slices Grilled Cheese / Veggie Burger	Nashville Hot Chicken Sando Waffle Fries / Ranch Slaw Grilled Cheese / Veggie Burger	Crawfish Meat Pies Grilled Cheese / Veggie Burger	Greek Gyros Sandwich Crinkle Cut Fries Grilled Cheese / Veggie Burger	Firecreek Chicken Sandwich Potato Chips Grilled Cheese / Veggie Burger
GRILLE ETC						
Ram Rolls with Specialty Butters						

DINNER

<i>the- Classics</i> <i>Healthy edge</i> <i>Veggie venue</i>	Italian Sausage & peppers Creamy Parmesan Polenta Italian Flat Green Beans Toasted Ravioli / Bread Sticks	Salisbury Steak w/ Gravy Loaded Mashed Potatoes Roasted Parmesan Broccoli Fried Button Mushrooms	Parmesan Tilapia w/ Coulis Cheesy Potatoes Fried Cauliflower Florets Peas w/ Pearl Onions	Ground Turkey Pasta Bake Pesto-tomato Ravioli Spinach & Mushroom Rice Cheese Sticks / Garlic Bread	Shepards Pie Breafast Egg & Meat Casserole Hash Brown Casserole Sauteed Green Beans	BBQ Chicken Scalloped Potatoes Sautéed Zucchini w/ Peppers Corn Nuggets
	Lemon Dill Baked Cod Spinach & Mushroom Orzo	Herb Roasted Chicken Golden Jewel Couscous Blend	Cilantro Lime Tilapia Roasted Potatoes w/ Peppers	Rotisserie Pork Loin Roasted Pepper Bowtie Pasta	Blood Orange Grilled Chicken Basmati Rice Pilaf	
	Roasted Fresh Rutabagas Charred Broccoli w/ Red Onion	Grilled Fresh Yellow Squash Grilled Fresh Asparagus	Roasted Brussels Sprouts Grilled Fresh Caulini	Grilled Fresh Zucchini Cabbage, Peppers & Kale	Sauteed Garlic Kale Roasted Fresh Carrots	
	Fried Fish Finger Basket Battered Sea Salt Fries Grilled Cheese / Veggie Burger	Mexican Chorizo Fries Queso Sauce Grilled Cheese / Veggie Burger	Boneless Chicken Bites Shoestring Fries Grilled Cheese / Veggie Burger	Gyros w/ Greek Salad Crinkle Cut Fries Grilled Cheese / Veggie Burger	Fried Chicken Nuggets Cajun Fries Grilled Cheese / Veggie Burger	Mini Corn Dogs Crinkle Cut Fries Grilled Cheese / Veggie Burger
GRILLE ETC						
Ram Rolls with Specialty Butters	*****cereal box, deli designs & garden gourmet available for lunch & dinner every day*****					